

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Meat Pizza Cucumbers Fruit or Dessert V: Cheese pizza
4	5 Hot Dog Fritos-chili Fruit or Dessert V: Baked cheese sticks	6 Chicken Casserole Garlic bread Fruit or Dessert V: Cheese Casserole	7 Chicken Burger Chips Fruit or Dessert V: Veggie burger	8 Meat Pizza Carrots Fruit or Dessert V: Cheese pizza
11 Chicken Pasta Alfredo Garlic bread Fruit or Dessert V: Pasta Alfredo	12 Chicken Nuggets Macaroni and Cheese Fruit or Dessert V: Baked cheese sticks	13 French Toast Breakfast Sausage Fruit or Dessert V: French toast	14 Beef Quesadilla Mexican Rice Fruit or Dessert V: Cheese quesadilla	15 Meat Pizza Garden salad Fruit or Dessert V: Cheese pizza
18 Spaghetti meatballs green beans Fruit or Dessert V: Spaghetti marinara	19 Chicken potato Au gratin Garlic bread Fruit or Dessert V: Cheese Au gratin	20 Cheeseburger Chips Fruit or Dessert V: Veggie burger	21 Lemon Chicken drum White Rice Fruit or Dessert V: Baked Cheese sticks	22 Meat Pizza Cucumber Fruit or Dessert V: cheese pizza
25 Pasta with Italian sausage Garlic bread Fruit or Dessert V: Butter Pasta	26 Chicken fried rice Egg rolls Fruit or Dessert V: veggie fried rice	27 Pan cakes Breakfast Sausage Fruit or Dessert V: Pancakes	28 Beef Lasagna Garlic bread Fruit or Dessert V: Cheese Lasagna	29 Meat Pizza Carrots Fruit or Dessert V: Cheese pizza

September 2023 Lunch

Water or Milk Served with Lunch